02/24/24 BIG FOOD

FDA Announces End to 'Forever Chemicals' in U.S. Food Packaging + More

The Defender's Big Food NewsWatch brings you the latest headlines related to industrial food companies and their products, including ultra-processed foods, food additives, contaminants, GMOs and lab-grown meat and their toxic effects on human health. The views expressed in the excerpts from other news sources on this page do not necessarily reflect the views of The Defender.

By The Defender Staff

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FDA Announces End to 'Forever Chemicals' in U.S. Food Packaging — PFAS Chemicals Have Been Tied to a Number of Health Issues

MedPage Today reported:

Fast-food wrappers and other grease-proofing materials containing per- and polyfluoroalkyl substances (PFAS) will no longer be sold for use in food packaging in the U.S., the FDA announced on Wednesday.

According to the agency, this means that major sources of dietary exposure to PFAS — such as microwave popcorn bags, take-out paperboard containers, and pizza board bags — will be eliminated. The announcement "marks the fulfillment of a voluntary commitment by manufacturers to not sell PFAS-containing food contact substances for the uses listed that are not grease-proofing agents in the U.S.," said Jim Jones, Deputy Commissioner for Human Foods at FDA, in a statement.

The FDA cited evidence that exposure to some types of PFAS has been linked to serious health effects. And a recent longitudinal study found that greater consumption of tea, processed meats, and food-prepared outside the home was associated with increased levels of PFAS in the body over time.

Moreover, scientists are finding that these "forever chemicals" are omnipresent, having been detected in the air, household products, food, and even tap water.

Global Pesticide Ban Is Only Way to Stop Us From a Health Epidemic Nightmare

Newsweek reported:

A recent study from the Environmental Working Group made the startling discovery that a large percent of Americans tested positive for chlormequat, a crop-warping pesticide that is laced through a staggering 92% of oat-based foods bought in May 2023.

The poison is banned from food crops in the U.S., but Environmental Protection Agency regulations callously eased during Donald Trump's presidency allowed the import of produce from nations that permit chlormequat use, leaving millions of Americans exposed to its potentially deadly effects.

Research showed almost all grapes and oranges in the U.K. contained an array of hazardous pesticides linked to everything from cancers to Parkinson's, infertility, fetal abnormalities, asthma, anxiety, and depression.

Above all, the world can no longer prioritize the interests of big industry and their shareholders over the warnings of science and the will — and health — of the people. If we do not reconsider our use of pesticides, we will not only condemn our planet to ecological hell, but open the door to a grim, and very sick future for us all.

Ultra-Processed Foods Linked to 32 Health Problems in Review: What to Know

The Washington Post reported:

A review of research involving almost 10 million people has found a direct association between eating too many ultra-processed foods — those breads, cereals, snacks and frozen meals that have been industrially manufactured with flavors and additives to make them more palatable — and more than 30 health conditions, including heart disease, anxiety and early death.

A team of international researchers has undertaken a comprehensive review of the evidence on adverse health outcomes to date — examining 45 "pooled meta-analyses" from 14 review articles involving nearly 10 million people. All were published in the past three years, and none was funded by companies making ultra-processed foods.

The researchers' findings, published in the British medical journal BMJ, "show that diets high in ultra-processed food may be harmful to many body systems. They found "convincing evidence" that higher ultra-processed food intake was associated with about a 50% increased risk of cardiovascular disease-related death, a 48 to 53% higher risk of anxiety and common mental disorders, and a 12% greater risk of Type 2 diabetes.

Highly suggestive evidence also indicated that diets high in ultra-processed foods were associated with a 21% greater risk of death from any cause, a 40% to 66% higher risk of heart disease-related death, obesity, Type 2 diabetes and sleep problems, and a 22% increased risk of depression.

Months After Applesauce Recall, Parents Remain in Constant Fear About Possible Long-Term Effects

NBC News reported:

About four months after WanaBana announced a nationwide recall of its cinnamon applesauce pouches, parents of lead-poisoned children say they're still living in constant fear of the potential long-term health issues that could develop in their young ones.

Sen. Amy Klobuchar, D-Minn., said that the WanaBana contamination is "absolutely outrageous" and has renewed her call on the Food and Drug Administration to take action on heavy metals in foods for babies and young children.

"This is heavy metals that are ingested by toddlers, by little kids," Klobuchar said in an interview. "You think you're safe when you use a cinnamon-flavored applesauce pack. And it turns out, you're basically giving your child poisons."

She plans to introduce a bill that would call for inspections on food imports meant for babies and young children and start testing forward. There need to be changes to laws that have restricted the FDA from taking action against foreign food manufacturers that meet the agency's standards for safety.

Raid on Raw Dairy Farm Ignites Debate Over Freedom of Food Consumption

Washington Examiner reported:

A raid on a Pennsylvania farm could affect more than just one food supplier and its customers. Some see the case as having implications for the food freedoms of the entire nation. On Jan. 4, in Bird in Hand, Pennsylvania, an Amish farmer named Amos Miller had his place raided by authorities. A subsequent hearing involving Miller's farm taking place on Thursday could determine aspects of the future of raw dairy consumption.

Dr. Jack Wolfson, a cardiologist, has been a customer of Miller's raw dairy products for years. He will be an expert witness testifying on Thursday. Wolfson believes this case is part of a bigger picture regarding a warning by the authorities of raw food safety.

"But what the government is trying to do in this particular case, and in many others, is to shut down this raw dairy," Wolfson said. "So they and the corporations they have total control over our food supply."

The cardiologist said he believes this case affects everyone, even those who don't consume raw dairy products. He believes every American should be able to have the right to make their own choice about the foods they consume and what they put in their bodies.

FDA to Develop New 'Healthy' Logo This Year — Here's What Consumers Could See, and Which Foods Could Qualify

CBS News reported:

The Food and Drug Administration could roll out a new logo as soon as this year for companies to stamp on the packaging of "healthy" foods they make, aimed at cleaning up confusion on what products actually should count as good for you.

The new symbol will follow a long-awaited update to the FDA's definition, due to be published this April, of what foods can claim to be healthy to eat under federal rules. It comes as the agency is also working on another major new rule: front-of-package nutrition facts.

Kellogg's Faces a Backlash After Encouraging Cash-Strapped Shoppers to Eat Cereal for Dinner: 'What the Hell Kind of Dystopian Hellscape Is This?'

Insider reported:

Kellogg's is advertising cereal as an affordable dinner for people struggling with the rising cost of food — but some consumers aren't happy with the cereal maker's approach.

WK Kellogg CEO Gary Pilnick told CNN last week that the message was "landing really well" with customers.

But the reaction to his comments on social media suggests otherwise. "What the hell kind of dystopian hellscape is this?" one user wrote on a TikTok with almost 150,000 views. "Give the peasants cereal for dinner!" another commented.

"Advertising to hungry people that cereal is a good dinner option is not 'meeting people where they are,'" author Marianne Williamson wrote on X. "It's exploiting the hungry for financial gain."

Beyond Meat Plans to Hike Prices and Sharply Cut Costs as Part of a Huge Turnaround Plan to Fight Slumping Sales of Plant-Based Meat

Insider reported:

Beyond Meat has unveiled details of a massive turnaround plan, including raising the prices of its plant-based meat and cutting overall costs as it struggles with slumping sales.

The maker of plant-based patties and sausages told investors on Tuesday that it would have to increase prices to bolster its margins.

Brown said that as well as restoring the company's margins, the pricing action aimed to create more of a tiered pricing system, with higher prices for more premium products like its upcoming Beyond Fit, its new range of plant-based beef and burgers made with avocado oil which it will roll out at U.S. retailers in the spring.

French Government Says Vegetarian Companies Cannot Use 'Steak' and Other Names of Meat on Product Labels

FOXBusiness reported:

Companies in France that sell vegetarian, meat-alternative products will now have to remove the name of meat from their labels to avoid confusion, according to a new government order.

The French government issued a decree on Tuesday that bans meat-free products from using meat terms such as "steak," "ham," "filet," and "prime rib," among others, as the government said the terms were reserved for meat products, AFP reported.

The decision comes amid a feud between the meat and vegetarian industries, which are attempting to offer consumers meat-like alternatives while curbing the use of actual meat. However, the government has said terms such as "vegetarian ham" or "vegan sausage" can cause confusion about what is actually inside the product being sold.

According to the report, individuals caught violating the new labeling law face a fine of up to $1,630, or just over $8,000 for companies.

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Sandburners
2 months ago
I'll believe the phaseout of PFAS in food packaging when I see it. It'll be like the Toffo cans. They'll just come up with a similar dangerous chemical to replace it and we'll be stuck with until years later they finally decide to go after that new chemical. Then they'll move on to another.
Reply

Beatrice Sandburners
13 days ago
I'm also assuming how much of the 'green' product we have in our homes that cost us more but use plastics and other chemicals and manufacturing processes that harm the planet. One of the things that drives me absolutely bat sh** crazy is when retailers, especially those expensive outdoor brands, claim they are using sustainable green fibers and but in their products like organic cotton grown in the US but then fail to mention that they are adding poisonous spandex and chemical treatments to the fabric and shipping the organically grown cotton from the US to Asia for stores to make the garments that only last a short time.
Reply

Not Randy
2 months ago
Not being able to use meat names to describe vegetarian substitutes reminds me of when there was debate as to whether GMO foods should be labeled. The industry said that consumers could be confused if they were labeled. If the U.S. cannot see the seriousness that France applied to the labeling of vegetarian meats, GMO foods would be labeled.
Reply

Ricky Ricardo
2 months ago
The only entity that the globalists want to "put an end to" is humanity! Does anyone remember years ago when we were told that they would do the same thing with plastics? There are more products containing plastics than ever, there are more chemicals and GMOs in our food than ever, there are more toxic drugs than ever, there are more homeless than ever, there is more censorship than ever... The one thing that they seem to be successful in putting an end to is our Rights and Freedoms!
Reply

Wendy
2 months ago
Ending the use of pink wrappers is VOLUNTARY. There is no guarantee that this has really occurred and no way to enforce it since it is VOLUNTARY! It needs to be a law with consequences, i.e., prison time for those violating the law.
Reply

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